

Contact Lens Compatible Cosmetics Chart

Dr. Steve Wexler, O.D.



Tip #1: Have available an updated and working pair of glasses so you can rest your eyes and still see clearly when you are not wearing your contact lenses.

| Mascara | |
|--------------------|--|
| Manufacturer | Brand Names |
| Almay | Intense I-color One Coat /One Coat (regular / washable) |
| Borghese | Superiore / State-of-the-Art Mascara |
| Clinique | High Impact, High impact Curling, Lash Power, Naturally Glossy |
| Cover Girl | Lashblast, Lash Exact, Pro All-in-one |
| Cynacon Ocusoft | Mascara |
| Estee Lauder | MagnaScopic, More than Mascara, Double Wear Zero Smudge Lengthening Mascara, Projectionist High Definition Mascara |
| L'Oreal | Voluminous Mascara, Lash Out |
| Maybelline | Volum' Express, XXL Volume Washable, Lash Stiletto Washable, Full N Soft Washable |
| Mary Kay | All Mary Kay Mascara are approved for Contact Lens use |
| Max Factor | 2000 Calorie, Lash Lift, Lash Perfections, No Color/ Natural |
| Neutrogena | All Neutrogena Mascara are safe for Contact Lens use |
| Physicians Formula | All Physicians Formula Mascara are safe for Contact Lens use |
| Revlon | Grow Luscious |

Tip #2: Always wash hands thoroughly with water and fragrance-free, moisture-free, deodorant-free soap such as Ivory or Soft Soap (clear formula) and dry hands with a "lint-free" towel before handling your contact lenses.

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| Eye Shadows | |
|--------------------|--|
| Manufacturer | Brand Names |
| Almay | Bright Eyes, intense I Color |
| Clinique | Touch Base for Eyes, Color Surge |
| Estee Lauder | Pure Color Eye Shadow |
| L'Oreal | De-Crease Eye Shadow Base |
| Maybelline | Eye Studio |
| Neutrogena | All Neutrogena eye shadows are safe for Contact Lens use |
| Physicians Formula | Shimmer Strips Custom Eye Enhancing Shadow & Liner, Eyebrightener, Organic Wear, Matte Collection Quad Eye shadow, Bright Collection, Baked collection |
| Revlon | Colorstay 12 Hour Eye shadow Quad, Illuminance Crème Shadow |

Tip #3: Apply cosmetics after insertion of your lenses. Remove cosmetics after you remove your lenses.

| Eye Make up Removers | |
|----------------------|---|
| Manufacturer | Brand Names |
| Almay | Oil-Free Eye Makeup Remover (liquid & pads), Moisturizing Eye Make-up Remover (liquid & pads) |
| Borghese | Gel Delicato |
| Clarins | Instant Eye Make-Up Remover, Gentle Eye Make-Up Remover |
| Clinique | Naturally Gentle Eye Makeup Remover, Take the Day Off |
| Estee Lauder | Gentle Eye Makeup Remover, Take-it0Away Towelettes |
| Lancome | Effacil, Bi-Facil |
| L'Oreal | Clean Artiste Eye Make-Up Remover |
| Neutrogena | All Neutrogena eye make-up removers are safe for Contact Lens use |
| Novartis | EYEscrub |
| Physicians Formula | Eye Makeup Remover, Lotions & Pads, Oil Free Makeup Remover Pads, Vital Lash Oil Free Makeup Remover, Organic Wear (pads, towelettes, liquid) |
| Pond's | Cleansing and Makeup Remover Towelettes |

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Tip #4: Water-based make up is less likely to cause problems with your contacts than oil-based cosmetics. Try to use water soluble makeup when possible.

| Eye Cream | |
|--------------------|--|
| Manufacturer | Brand Names |
| Borghese | Fluido Protettivo |
| Clinique | All About Eyes, Anti-Gravity Firming Eye Lift Cream, Repair Wear |
| Estee Lauder | Hydra Complete, Time Zone |
| L'Oreal | Revitalift Firming |
| Neutrogena | All Neutrogena eye creams are safe for Contact Lens use |
| Physicians Formula | Luxury Eye Cream |

Tip #5: Never rinse your contact lenses or case with tap water.

| Skin Care | |
|--------------------|---|
| Manufacturer | Brand Names |
| Almay | Cleansing Lotion for Oily skin, Facial Soap for Oily Skin, Toner for Oily Skin |
| Clinique | Zero Gravity Repair Wear Firming Cream, City Block Oil-Free Daily Face Protector SPF-25, Super City Block Oil-Free Daily Face Protector SPF-40, Skin Care System, Rinse -Off Foaming Cleanser |
| Cynacon Ocusoft | Facial / Skin Cleanser |
| Neutrogena | All Neutrogena skin care products are safe for Contact Lens use |
| Physicians Formula | Gentle Cleansing Lotion, Deep Moisture Cream |

Tip #6: Using moisturizer creams around the eyes often times leads to some of the cream getting onto the eyelids and blocking important lid ducts. Further, the cream can get into the eyes interfering with lens comfort, performance, and vision. Don't put moisture cream close to lids.

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| Eye Pencils / EyeLiners | |
|-------------------------|---|
| Manufacturer | Brand Names |
| Almay | Blendable Eye Pencil, Bright Eyes Liner / Highlighter Duo, Brow Defining Pencil, Eye Liner Pencil & Liquid, Intense I-Color Pencil & Liquid |
| Clinique | Brush-On Cream Liner, Quickliner for Eyes, Eye Definer Brush, Kohl Shaper, Cream Shaper |
| Cover Girl | Perfect Blend, LineExtract Liquid Liner, Perfect Point Plus |
| Estee Lauder | Automatic Eye Pencil Duo, Double Wear Gel |
| L'Oreal | Le Kohl Pencil, Lineur Intense, Pencil Perfect, Voluminous Mistake-Proof Marker Eyeliner |
| Maybelline | Line Express, Expert Wear |
| Physicians Formula | All Physicians Formula Eye Pencil / Eyeliners are safe for use |
| Revlon | ColorStay Liquid Eye Pen/ ColorStay Pencil |

Tip #7: If you wear disposable contact lenses, throw them away after the recommended wearing period. Don't try to wear them longer than your doctor has prescribed. Many types of eye damage can occur without necessarily displaying pain or vision loss. Yet, some types of damage can lead to permanent vision loss. Why take that chance?

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| Concealers | |
|--------------------|---|
| Manufacturer | Brand Names |
| Almay | Linesmoothing Undereyes, Bright Eyes Eye Base & Concealer, Clear Complexion, Nearly Naked Smart Shade |
| Borghese | Color Luminoso Illuminating Wand |
| Clinique | Advanced Concealer, Line Smoothing Concealer, Airbrush Concealer, All-About Eyes |
| L'Oreal | Visible Lift Eye Serum Line Minimizing Concealer |
| Neutrogena | All Neutrogena concealers are safe for Contact Lens use |
| Physicians Formula | Concealer Twins (stick, pencil, cream), Concealer 101 Duo, Gentle Cover Concealer (stick & cream) |
| Revlon | ColorStay |

Tip #8: Return to your doctor on a regular basis. Annual eye examinations are recommended to ensure healthy eyes and good vision.

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